### 

The Newsletter for 21<sup>st</sup> Century Schools Worldwide



#### **CBSE RESULT**



**Proud Moment for** the JPS Fraternity







### FUTURE OF LEADERSHIP INITIATIVE



### **LEADERSHIP INITIATIVES AT JPS**



Academic Rigor. You Become an Academic Wizard



TEDX at JPS. You Become A Ted Speaker



**National Cyber Resource Centre** 



Green School Program. You Become A Green Warrior



**Leadership Integrated Curriculum Empowered Leaders!** 



ISA Accreditation. You Go Global



Google Certified. School You Become A Tech Genie!



SPACE Program. You Don't Touch The Skies, You Cross Them Way Beyond!



**Excellence In Sports. You Break World Record** 



# Welcome



ISSUE 19 April & May 2023



**Greetings of the season to all our readers!** 

Dear JPS Community,

- It is with great pleasure that I welcome you all to the latest edition of our school newsletter. As we embark on a new academic year, I want to take a moment to highlight an essential aspect of our school's mission: sensitizing children to bullying.
- At Jain Public School, we believe in creating a safe and inclusive environment where every student feels valued, respected, and protected. Bullying, unfortunately, remains a pervasive issue in many educational settings, and it is our responsibility as educators and parents to address this problem head-on.
- By sensitizing children to bullying, we aim to empower our students to recognize, prevent, and respond to bullying effectively. Our goal is to foster a school climate that promotes empathy, kindness, and respect, where no child has to suffer the harmful effects of bullying.
- Throughout the year, we have planned a series of initiatives to raise awareness about bullying and equip our students with the necessary skills to tackle this issue. Classroom discussions, guest speaker sessions, peer support programs, and role playing exercises are just a few examples of the strategies we are implementing.
- Our dedicated team of teachers and staff will guide our students in understanding the different forms of bullying and the impact it can have on individuals. Through open and honest dialogues, we will encourage empathy, active listening, and the development of assertiveness skills to address bullying situations effectively.
- Additionally, we are providing counseling services to support any student who may have experienced bullying or needs assistance in coping with related concerns. Our trained counselors are here to offer guidance, support, and a safe space for students to express their feelings.
- I would like to express my gratitude to our committed teachers, staff, and parents for their unwavering support in our efforts to sensitize children to bullying. Together, we can create a positive school culture where every student can thrive, free from the fear and anguish caused by bullying.

- l encourage all parents and guardians to engage in conversations with their children about bullying, reinforcing the values of empathy, respect, and inclusion. By working hand in hand, we can make a significant difference in preventing and addressing bullying at Jain Public School.
- Thank you for your trust and partnership. I look forward to a successful academic year filled with growth, learning, and compassion.
- We're always interested in hearing your views. We invite articles on the topic 'The Role of Al in Education' for our next issue of the newsletter. If you have any comments about the newsletter, or if you'd like to tell us about what's happening at school, please email us at principal@jpschennai.org.





**Tr. Saravanan Thiyagarajan**Principal
Jain Public School

#### **Proud Moment for the JPS Fraternity**





The harder the practice the more glorious is the triumph.JPS Grade 10 and 12 students tackled each subject with unwavering might, Day and Night, strived for the light.



# Social Media Trends

### You Tube Trends



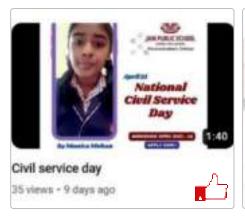
















# Infocus Sensitize Children to Bullying

#### Sensitize children to Bullying

At Jain Public School, we are committed to fostering a safe and inclusive environment for all our students. Bullying is a significant concern that can harm a child's well-being and academic performance. As part of our ongoing efforts to address this issue, we are dedicated to sensitizing children to bullying. By equipping them with the necessary knowledge and skills, we aim to empower our students to recognize, prevent, and respond to bullying effectively. In this newsletter, we will outline our approach and highlight some essential strategies we are implementing to create a positive school climate.



**I. Defining Bullying:** Understanding the different forms of bullying is essential for effective prevention. Bullying can manifest itself in various ways, including physical, verbal, social, and cyber forms. We will ensure that our students have a clear understanding of what constitutes bullying and how it can impact individuals emotionally and mentally.

- **II. Raising Awareness:** To sensitize our students to bullying, we have planned a series of awareness campaigns and activities throughout the academic year. These initiatives will focus on promoting empathy, kindness, and respect among students, helping them develop a sense of responsibility towards each other's well-being.
- III. Classroom Discussions: Our teachers will conduct regular classroom discussions on the topic of bullying. These discussions will provide a safe space for students to share their experiences, concerns, and insights. By engaging in open dialogues, we aim to cultivate empathy, enhance communication skills, and empower students to stand up against bullying.
- **IV. Guest Speakers and Workshops:** We recognize the importance of external expertise in addressing the issue of bullying effectively. Therefore, we have invited guest speakers and experts to conduct workshops and interactive sessions with our students. These sessions will provide valuable insights into the dynamics of bullying, emphasizing the importance of respect, tolerance, and inclusivity.
- V. Peer Support Programs: Creating a supportive peer network is crucial for preventing bullying. We will implement peer support programs where older students will act as mentors to their younger counterparts. This initiative encourages positive interactions, fosters understanding, and enables students to seek guidance and support from their peers.
- VI. Role-Playing and Scenario-Based Exercises: To help our students develop the necessary skills to handle bullying situations, we will incorporate role-playing and scenario-based exercises into our curriculum. By practicing different responses and problem-solving strategies, students will become better equipped to address bullying incidents effectively and assertively.
- VII. Counseling Services: We understand that bullying can profoundly impact a student's well-being. Therefore, we provide access to counselling services to support any student who may have experienced bullying or has concerns related to it. Our trained counsellors are available to listen, guide, and offer strategies for coping with bullying incidents.

**Conclusion:** At Jain Public School, we are committed to fostering an environment where every child feels safe, valued, and respected. By sensitizing children to bullying through various educational initiatives, we aim to empower them to take a stand against bullying and become advocates for a kinder and more inclusive community. Together, let us work towards creating a nurturing environment where our students can thrive academically, socially, and emotionally.

Thank you for your continued support.

By engaging in open dialogues, we aim to cultivate empathy, enhance communication skills, and empower students to stand up against bullying.

### Parents' Corner

### Sensitize children to Bullying

Sensitive Children have been around since beginning of time. But the traits of a Sensitive child have been often misunderstood. Many people mischaracterize sensitive children as odd, anxious or too sensitive. Parent of a sensitive child might feel that your child is being misunderstood by their peers or family members. Often times, when parents hear that there is child is sensitive, their first reaction may be a negative one. They may worry that having the traits of sensitive child will put them at a disadvantage in society. In fact, Sensitive child has many advantages. It can be viewed as strength, rather than a weakness. Your child's perceptiveness and empathy for others can be harnessed to do great things and puts them at an advantage for succeeding as artists, healers and creators. Sensitive Children can grow in to a creative, perceptive and innovative adults- especially when their inner worlds are validated and supported. Sensitive Children have a hyper activated nervous system that reacts to their stimuli around them, identifying the sensitive child is not always clear-cut, but knowing the traits of a sensitive child can help. Some traits of sensitive child include;

Feeling overwhelmed by lights, sounds, and smells.

Asking a lot of questions

Having high empathy for others.

Sensitivity to pain

Anxiety about new situations

Shyness of introspectiveness.

#### Some tips for raising a Sensitive Child:

- 1. Acceptance- Supporting sensitive child and find acceptance for your child. It is important to create a space where your child feels comfortable and confident in being themselves.
- 2. Encourage your child to see their sensitivity as strength
- 3. Give gentle reminders-Giving gentle reminders is a better way to approach discipline.
- 4. Learning their triggers-Once you are more aware of your child's particular sensitiveness, you can help them avoid or cope with those triggers.
- 5. Schedule down time Help them relax by being mindful of their schedule. Create a calm space for them in the house to unwind and relax after a long day.

Thanks and regards, Shalini jasmin,

M/o Melvin Jethro, Grade VII - A.



Dr.Priyadharsini N
M/O R.Chendurr Aswin
Grade IV B

Bullying is an aggressive behavior wherein a force, teasing or threat is used to dominate a person. It can be in any form like physical bullying, verbal bullying, psychological bullying or even cyberbullying. Bullies often pick on a person whom they think to be weak or not fitting in. How do I Know if my child is bullied???? Child not wanting to go to school, having missing belongings, having physical aches or injuries, a well toilet trained child starting to wet the bed are signs that you watch out for bullying. This takes a toll on the psychological behavior of the child.

As a parent we should sensitize our child against bullying because it renders them to feel anxious, stressed and depressed. This may even have serious effects like self-inflicted injury as bullying makes them to feel low about their own energy levels and performances.

Look in for any such evidence of your child wherein they try to retract themselves and be isolated. In such incidences talk to them and sensitize against bullying. Be friendly and build in a rapport with your child which gives them a confidence and comfort to discuss anything under the sky with you. Insist them to ignore the bullies and walk with their head high without getting physical with them. Even if they are not bullied tell them to stand up for friends and others being bullied.

Creating a sound and confident mind is the best wealth creation for your child's future!!!!



The phenomenon of bullying the children is a universal malady which can last for over a prolonged period and if not addressed successfully can result in a populace demonstrating psychological, emotional, physical and social dysfunctionality. Bullying is a pattern of behaviour, rather than an isolated incident. Children who bully usually come from a perceived higher social status or position of power, such as children who are bigger, stronger, or perceived to be popular. There are different types of bullying such as physical (hitting, kicking pushing), verbal (teasing, name calling), relational aggression (rumour spreading, exclusion, coercion), damage to property (taking lunches, destroying school books), cyberbullying (text-message, email and social media harassment) and extortion. Bullying can occur at any location such as in the classroom, the playfield, school bathroom and the lunch area and even more in public places also. Some parents are unsure where to begin to help protect their children from bullying and violence. Others may not know if their children are victims, bystanders or even perpetrators of harmful behaviours.

The most vulnerable children like children from poor families, children from marginalised community, refugee children, children with different gender identities and even children with disabilities etc face a higher risk of being bullied.

#### How to find out that our children are being bullied?

Look closely. Observe children's emotional state, as some children may not express their concerns verbally. Signs to look out for include:

- Physical marks such as unexplained bruises, scratches, broken bones and healing wounds
- Fear of going to school or joining school events
- Being anxious, nervous or very vigilant
- Having few friends in school or outside of school
- Losing friends suddenly or avoiding social situations
- Clothing, electronics or other personal belongings being lost or destroyed
- Often asking for money
- Low academic performance
- Absenteeism, or calling from school asking to go home
- Trying to stay near adults
- Not sleeping well and may be having nightmares
- Complaining of headaches, stomach aches or other physical ailments
- Regularly distressed after spending time online or on their phone (without a reasonable explanation)
- Becomes unusually secretive, especially when it comes to online activities

#### Some tips given by UNICEF to prevent children from bullying:

- 1. Educate your children about bullying. Once they know what bullying is, your children will be able to identify it more easily, whether it is happening to them or someone else.
- 2. Talk openly and frequently to your children. The more you talk to your children about bullying, the more comfortable they will be telling you if they see or experience it. Check in with your children daily and ask about their time at school and their activities online, inquiring not only about their classes and activities, but also about their feelings.
- 3. Help your child be a positive role model. There are three parties to bullying: the victim, the perpetrator, and the bystander. Even if children are not victims of bullying, they can prevent bullying by being inclusive, respectful and kind to their peers. If they witness bullying, they can stick up for the victim, offer support, and/or question bullying behaviours.
- 4. Help build your child's self confidence. Encourage your child to enrol in classes or join activities they love in your community. This will also help build confidence as well as a group of friends with shared interests.
- 5. Be a role model. Show your child how to treat other children and adults with kindness and respect by doing the same to the people around you, including speaking up when others are being mistreated. Children look to their parents as examples of how to behave, including what to post online.

Be part of their online experience. Familiarize yourself with the platforms your child uses, explain to your child how the online and the offline world are connected, and warn them about the different risks they'll face online.



#### Swathika Murugesh Grade X

Bullying refers to aggressive behaviour so as to dominate the other person. It refers to the power over others so that one individual can dominate others. Bullying can happen in any stage of life, such as school bullying, collage, workplace, public place etc... A UNESCO report says that 32% of students are bullied at schools worldwide. Our country as well, bullying is becoming quite common.

Nowadays bullying has been an immense problem around the world. It manifests most in school. Bullying in the middle or late childhood stages where children attend elementary and middle school usually affects both genders equally. The consequences that bullying brings during middle and late childhood are far beyond physical. As mentioned before, bullying is also verbal, social, physical and cyber.

Bullying doesn't have a time frame in specific because this does not happen just at a certain age or period of time. Bullying can happen in many ways and can happen in any stage of life at any age. Bullying is one of the main factor in the increasingly high suicide rate in the world today. It is important to know about the topic of bullying because it will bring awareness to the issue and hopefully lead to the end of bullying. Bullying is not a normal part of growing up.

In conclusion, letting people know about the bullying before they get to experience that in the future... The consequences of bullying would lead into immense problem in the future. Teaching children the importance of knowing about bullying is useful for them. Even when they don't experience that in the upcoming times, they can teach others who are suffering from it....

Thank you



### G CORNER

### **UKG** Activities









### **Exploring The School Diary**













**Colouring Activities** 

# Awards & Achievements









Thirunethra S Grade VA

First Prize in Silambam By Indian Silambam Federation





P. Amuthan of Grade V and Himanish of Grade VII Silambam competition winners 2<sup>nd</sup> & 1<sup>st</sup> place





Maitreyan of Grade 5A received world record achiever by TAMILNADU CUBE ASSOCIATION. Total 1197 participants only 560 kids selected in that Maitreyan also selected for world record achiever.





Raghav Balaji G of Grade VI for CBSE Budding Authors programme 2022 Story Titled Village on Stilts





We are proud to Share, **Prithika R** of **Grade 5B** and **Rajamithran R** of **Grade 2B** has won prize in **Vellore Talentica** 



We are proud to Share, Rithik R of Grade VIII has completed final stage LogiQids

School Rank : 1 State Rank : 12 International Rank : 28



We are proud to Share, **Dhruv Rajesh** of **Grade II**has securing INTERNATIONAL

RANK **11** in the final stage of
the **LogiQids International Mental Aptitude Olympiad 2022 - 23** 

# School Assembly Felicitation

















school Assembly Felicitation 100% term II attendance JPS strongly believes in the regularity and punctuality. Our future leaders are the prime witness of the core values instilled in them they are being felicitated by the beloved principal for the same.

### **Maths Exploration**

### **Tangrams**

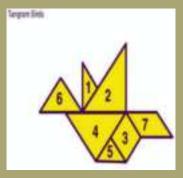
In Mathematics, we have come across different types of diagrams, charts, shapes and puzzles. The Tangrams are old Chinese puzzles. From the pieces of the tangram, we can make many shapes of animals, people and things.

# Large triangle Square Small triangle Parallelogram

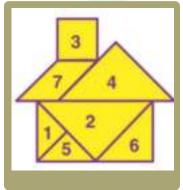
#### **Learning Objective**

To make the students to understand sides and vertices.









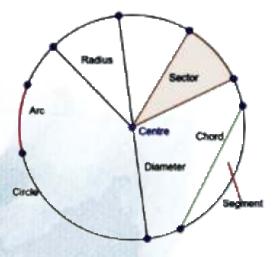
### Parts of a Circle

#### **Important Parts of Circle**

1)Radius : The distance from the center of the circle to its outer rim.

2)Chord : A line segment whose endpoints are on a circle.

**3)Diameter**: A chord that passes through the center of the circle.









Students from Grade 4 B

JPS juggles her children in developing the multiple intelligence skills as well. Here is the evident proof our young artist Elanthamizh grade 8 has showcased his interpersonal skills and focussed the same into an emerging brilliant career.

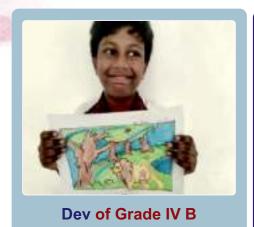
Note: The young thespian had received a great honour from our honourable chief minister Mr. M.K. Stalin for his remarkable performance as "Periyar" few months ago. "Acting is a form of self-expression that allows you to explore the depths of your own emotions and share them with the world."





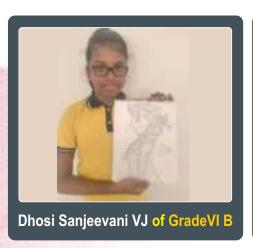
# **Budding Artist**





















## Story Telling



JPS conducted story telling sessions, we are all storytellers, We all live in a network of stories. There isn't a stronger connection between people than storytelling.







### ZDRZVO' 23 Senior Grade Students











Jps went into a celebration mood, **ZDRZVO'23** Our young leaders of Senior Grade XII students celebrated farewell day, hosted by Grade XI.

### SUBJECT ENRICHMENT PROGRAM





Grade IX A enjoying lab activities by doing Elephant toothpaste

How to make Elephant Toothpaste Chemical required: Hydrogenperoxide(30%) + liquid soap + food colours + potassium iodide. Mix in the same order. Voila elephant toothpaste is ready

Grade 9A & 9B doing their Own Projects on PRODUCING ELECTRICITY

Topic: "Converting Mechanical Energy to Electrical Energy"





Students: Vijay shree, Snegha, Harshitha, Lakshana komari, Ricky Patrick, Dev Sanjeev & Ayush.





Students: Ritish, Vishwajith, Hashwanth, Dharani kumar, Kowshik

### Online Quiz Activity for Social Science









### JPS SUMMER SPORTS ACTIVITIES





### FUTURE UNDERSTANDING

- The Professional











A true leader understands that professionalism is not an option, but an expectation. It sets the standard for others to follow and inspires a culture of excellence."TO INCULCATE THE SAME THOUGHTS" and beloved principal briefed the JPS fraternity with his rich experience

# PARENTS ORIENTATION PROGRAM































JPS witnessed a massive gathering for the parent orientation program, the guest speakers Dr. Sarika Nambirajan and Dr. Janaki Srinivasan stole the hearts of the parents by their tremendous inputs. On Early child care education and health care. Mr. Raghunathan, SAO, enthralled audience with NEP 2020 and its enforce in JPS. Concluded the session with a our esteemed Principal Tr. Saravanan Thiyagarajan briefying to the parents

community about the education 2.0 and how the education will be in 2030?



"Imagination is the beginning of creation. You imagine what you desire, you will what you imagine, and at last, you create what you will."







The Primary & Middle grade students make sketches to exhibit their skills, talent and creativity.

### **Monthly Calendar**

June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17:
18	19	20	21	22	23	24
25	26	27	28	29	30	

### **Important Events**

#### Dates

10 Aksharaabhyaasam

12 School Re-open (Grade 6 - 12)

14 School Re-open (Grade 1 - 5)

16 School Re-open (PreKG - UKG)