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JPS EDGES

The Newsletter for 21st Century Schools Worldwide

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Central Board of Secondary Education
Committed to Equity and Excellence in Education

Welcome

ISSUE 07, April 2022



“ Greetings of the season to all our readers!

- ☆ Leaders need to be a learner. This is something we often hear but how has the role of a leader evolved over the years and what are the requisite qualities of a leader are debatable.
- ☆ This month, EDGES talks about managing emotions of kids. The term emotion is derived from the Latin word, 'emovere' which means to stir, to move, to agitate. It consists of physical and physiological reactions that can happen in the mind-specific incidents arouse an emotion. Different people react differently to the situation.
- ☆ Children have been sent to school for all round development, emotion is one aspect of it. They develop their physical psychological and emotional states. When we talking about an emotional state, it is a unique, entirely different state of mind. A child can achieve anything in life if he / she is emotionally intelligent.
- ☆ The school must make a child emotionally intelligent. When a child is emotionally intelligent, he would be free from anxiety, hypertension and other negative emotions.
- ☆ We're always interested in hearing your views. We invite articles on the topic '**Creating a Safe School Environment**' for our next issue of the newsletter. If you have any comments about the newsletter, or if you'd like to tell us about what's happening at school, please email us at principal@jpschennai.org.



Tr. Saravanan Thiyagarajan
Principal
Jain Public School

IN FOCUS

Emotions In Education



Making Children emotionally intelligent

Emotions are an integral part of human feelings and behavior. Some people are emotionally-challenged and have no control over their feelings. Emotion is nothing but a strong feeling, such as fear, anger, love, frustration etc., These can be subjective as well as objective.

“Specific incidents arouse an emotion. Different people react differently to the same situation”.

Why emotion in education is important ?

- ★ Parents and teachers must observe the child's emotions, and it should not be repressed. As the child grows, each stage needs specific attention. Small and Primary are the same. Can we put it as.....For example; drawing is one of the many ways of expressing emotions. And is a great way of understanding emotions of primary students.
- ★ Let me narrate about a child who joined our school in class V. Initially; he had a problem staying in the hostel, as it happens with every new child. It was observed that he was aggressive and sometimes violent. On inquiry, we learnt that his father was a businessman, who hardly had time for children. His grandmother was very old and not in a position to take care of them. The Children were left at the mercy of their maid, who was very rude to them. They were left on their own, and spent time watching violent films and playing violent video games. They hardly spend time outdoors on activities such as sports.
- ★ Initially, he was given any chart or drawing paper to draw, he drew only violent scenes with guns, dead bodies, blood, etc., As soon he started playing outdoor games with other children and drawing continuously(he loved drawing)the scenery birds, trees, and Nature began to getting visible in his drawings within a year. He became emotionally stable.
- ★ So it varies from child to child. Unless the child is emotionally intelligent, he could not focus on anything.

According to research, the children those who grew up or spend more time with their grandparents are more emotionally balanced than the children, who spend time with their parents only. There are many emotional problems children face today, like peer pressure, drug abuse, broken family etc. The following useful steps by the parents would make a child emotionally balanced:

- ★ Taking Children for a picnic, fair or circus where they can feel comfortable.
- ★ Taking Children to a nearby park once a week / Month and playing with them and telling to observe plants, flowers, trees, birds and Nature.
- ★ Spending some time with the child during vacations and visiting relatives.
- ★ Having a meal together once a day.
- ★ Attending PTM (Parent Teacher Meeting) regularly in the school.
- ★ Parents must attend workshops conducted by the school to handle problems as mentioned above.

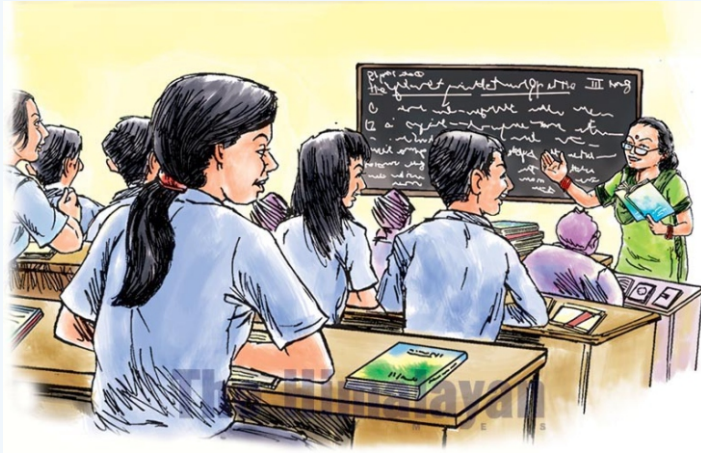
Role of Schools :-



The school must pay attention to the individual child's needs and aspirations, as each child's is special and unique in his / her way. Each child's need is, or interest is different. The first step is to recognize the child's aspiration, interest, and strength. The individual child must be encouraged to express his / her emotions through a particular field. As I have discussed a case study above, so there are many emotionally-challenged children in every school and can be handled delicately.

- ★ The students should be provided with the following basic facilities:
- ★ Children must be allowed to play the games / sports of their interest
- ★ Field trips / excursions should be arranged.
- ★ Different academic and co-curricular competitions should be organised.
- ★ Art, music, craft, theatre, calligraphy, yoga etc must be there as per the interest of Children.
- ★ Must conduct workshops for the teachers to handle students' emotions related to peer pressure, broken relationship, family problems, drug abuse, etc.

Roles of Teachers :-



Teachers play an important role so far as students' motions are concerned. Though it is an uphill task of keeping an individual child's emotion in mind and managing them, one-rule-fits-all, and system would not work. When thirty/thirty five students are in the class, knowing their individual needs and treat them accordingly, is the most difficult task. But teachers can manage students' emotions by considering the following points :

- 1 Know the child's background and his / her likes dislikes.
- 1 Must listen to the child carefully.
- 1 Provide a stress-free atmosphere, where he / she shares personal problems.
- 1 Must be allowed to participate in event of his / her choice
- 1 Must know why he/she is behaving in a particular way
- 1 If the teacher feels the child needs more help must be sent to the counselor.



“A Child must be emotionally balanced” this is a combined responsibility of parents, teachers and the school”



Parents' Corner

A Mere degree is never an Education. Education is what one understands & learns. Learning, as we all know is a continuous process. Emotions play a key role in one's education. So, as parents it is our responsibility to ensure our kids are provided with right environment to carry the right emotions, so that they learn the way it must be learnt. Positive emotions such as joy, enjoyment, hope, and pride are believed to contribute to both internal and external motivation. Thus, they have a positive impact on academic performance conditions.

Even we, as adults are passionate about what engages us & what gives us that connect. An inner motivation automatically comes once we are sold out to it. Similarly, kids get longer attention span if they are motivated positively.

Teachers also play a key role in the emotional part of a kids' education. Everyone would have studied a subject well during their school / college days if they liked the teacher. A teacher always has 2 choices either to motivate positively or to scold & put down a kid. The choice that the teacher makes, creates the emotional connect / disconnect.

Looking back, in everyone's school memories, there lies emotions & incidents and not the chapters & subjects. So, create a healthier environment that constantly provides a better platform for your kids. Together let's create a bright generation.

Aravinthan
Father of Advait & Anahita
Grade III





Naveen Kumar of Grade 5 has winning in Kalam's World Records Fastest time to limbo skate under Ten bar least time of 1.57 sec.



We are proud to Share, Pugazhenthik of Grade IA has won Silver Medal at Tamilnadu state boxing association - Republic day boxing championship 2022.



We are proud to share, pioneer awardees Mahath R of Grade IV, R. Yadhunandhan of Grade VI & Raksita of Grade VIII has received Discovery BYJU's school super league award.

Visual Spatial Art Expo





JPS is proud to conduct **Visual Spatial & Art Expo** makes learning interesting and fun filled. The children seem to be elated doing craft work in their learning sessions. It helps them to reflect and think out the box.



KG CITATION CEREMONY

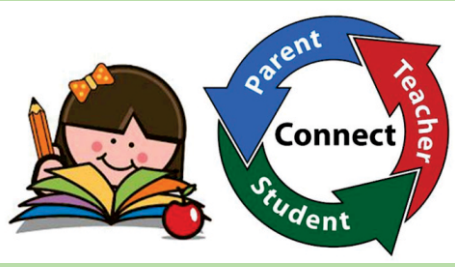








Jps went into a celebration mood, **KG Citation Ceremony**. Our young leaders have kick started their learning and hear them out what they say



Parent Teacher Orientation



Parent teacher orientation program conduct in jps to helped the parents to know about their wards academic performance.



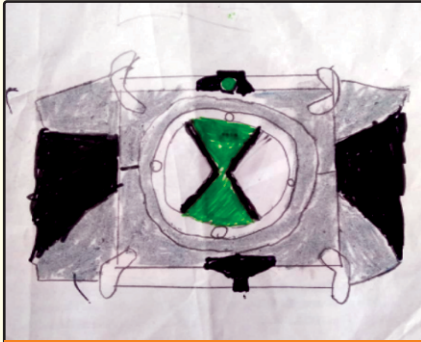
Readers Program





Raising Rocking Reader's program conduct in jps to helped child is starting to read on their own, give them access to unlimited books with the Epic reading.

“Imagination is the beginning of creation. You imagine what you desire, you will what you imagine, and at last, you create what you will.”



Nilavan Grade - IA



Nilavan Grade - IA



Prakriti Grade - IA



Aadvika Grade - IA



Sadhana DJ Grade-1A



Aditya Grade - 1A



Nilavan Grade - IA



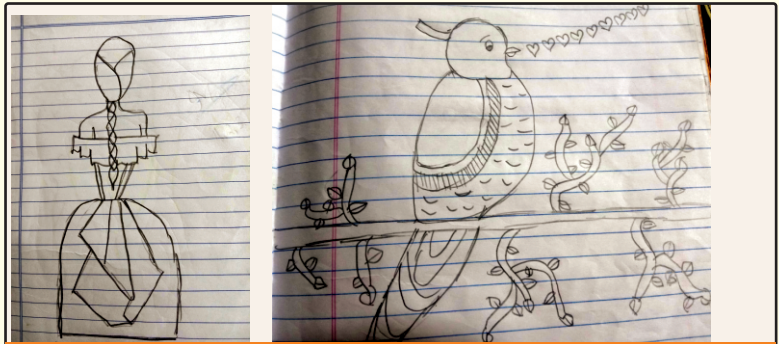
Sowmya Grade - IA



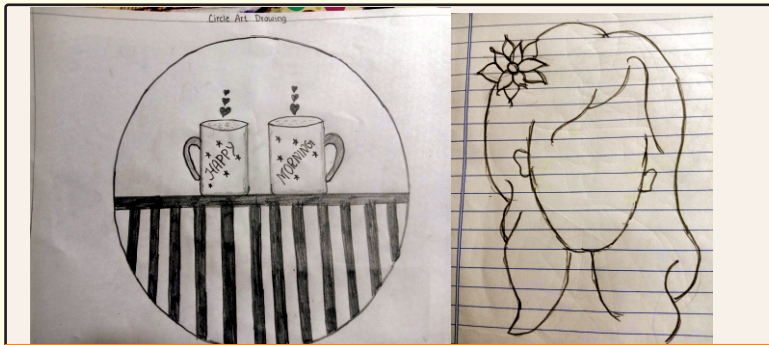
**Devashri .D
Grade - II**



Amritha Varshini A
Grade - VIA



Swetha. M Grade 8



Swetha. M Grade 8

Paintings and drawings are expressive art forms. These art forms not only de-stresses the child but also develops the fervor in every child to reach great heights.

Monthly Calendar

April 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Important Events

Dates

- 07 Academic Year Begin
- 14 Tamil New Year
- 23 Summer Vacation Begin